

## Tips for writing an abstract

Check out these tips below to ensure that your abstract is accepted for presentation at a Nutrition Society conference and published in the *Proceedings of the Nutrition Society*.

- 1** Abstracts **must include data**, with appropriate statistical analysis, alongside hypothesis/objectives, methods, and conclusions.
- 2** Ensure that you have **sought agreement** from your co-author(s) and supervisor(s) where appropriate and have listed them.
- 3** It must be **original data**. Do not submit work that you have previously presented/published elsewhere.
- 4** Your work must be **referenced**. Guidelines on how to correctly reference are in the 'Instructions to Authors'.
- 5** Be clear and concise. There is a strict 450-word limit – anything exceeding this will be rejected.
- 6** You must have the necessary **Ethical approval**. Ensure that you have met all of the ethical requirements.
- 7** Finally, **read the 'Instructions to Authors'**. Consult the guidelines before any submission, even if you are familiar with the process.